California Interscholastic Federation



2020-21 Soccer Guidelines & Covid-19 Modifications

Foundational Statement

The following guidelines and modifications were created to allow for the safe participation of student-athletes during the Covid-19 Pandemic. The following guidelines follow best practices and recommendations from the CIF, the National Federation of State High School Associations (NFHS), and will continue to remain within the scope of all state public health orders.

MODERATE

General Guidelines

- Masks should be worn at all times by all individuals participating in the activity, even with heavy exertion as tolerated.
- Social distancing measures shall be in place at all times other than when engaged in competition.

Event Limitations

- 28 matches permitted during the season.
- Adhere to local county guidelines.

Pre-Game Conference

- Limit attendees to head or center referee, the head coach and a single captain from each team.
- Move the location of the pre-game conference to the center of the field.
- Participants must maintain social distancing protocols during the conference.
- No handshakes.

Team Benches

- Coaches, game personnel and players only permitted in the team bench area.
- Social distance requirements must be observed by all in the team bench area.
- Team bench areas may be located on opposite sides of the field.
- Spectators shall not be permitted behind the team benches.

Post-Game Procedures

Replace handshakes after the game with a social distance acknowledgment of the team's choosing.

Official Scorekeeping Area

Limited to home team scorekeeper and timer. Maintain social distance requirements. Visiting team personnel (scorekeeper, statistician, timer) are not deemed essential personnel and will need to find an alternative location.

California Interscholastic Federation



2020-21 Soccer Guidelines & Covid-19 Modifications

Substitution Procedures

Maintain social distance of at least 6-feet between referees, opponents and/or teammates.

Equipment Sanitation

Games shall utilize a three-ball rotation, ensuring that anytime a ball goes out of play it shall be sanitized thoroughly with a bleach wipe before returning to the rotation.

Equipment & Accessories

- Permissible face coverings are required to be worn at all times by all attendees present.
- Players shall utilize their own equipment bin for all personal gear on the sideline.
- Long sleeves and long pants are permissible.
- Gloves are permissible.
- Undergarments are permissible but must be of a similar length for the individual and a solid-like color of the team.
- Sanitize all equipment and accessories after each game.

Water Bottles & Hydration Stations

- Team members shall not share water bottles.
- Hydration stations may be utilized but shall be touched only by a single appointed monitor.

Referees

- Observe social distance requirements when communicating with coaches, players and other umpires.
- Face coverings are required at all times.
- Long-sleeved shirts/jackets are permissible.
- Gloves are permissible.

Regional Championships

- All games played at host school sites
- Championships shall be single elimination
- Suspend pre-game world cup introduction line and send players to their field positions for introductions.
- Awards ceremonies will be limited to ensure safe social distancing and to minimize mass gatherings.