



2020-21 VOLLEYBALL GUIDELINES & COVID-19 MODIFICATIONS

Foundational Statement

The following guidelines and modifications were created to allow for the safe participation of student-athletes during the Covid-19 Pandemic. The following guidelines follow best practices and recommendations from the CIF, the National Federation of State High School Associations (NFHS), and will continue to remain within the scope of all state public health orders.

MODERATE

General Guidelines

- Masks should be worn at all times by all individuals participating in the activity, even with heavy exertion as tolerated.
- Social distancing measures shall be in place at all times other than when engaged in competition.

Event Limitations

- 28 matches permitted during the season.
- Adhere to local county guidelines.

Pre-Game Conference

- Move the location of the pre-match conference to center court with one coach and one referee positioned on each side of the net. All four individuals maintain a social distance of 6-feet.
- Limit attendees to one coach from each team, first referee and second referee.
- Suspend the use of the coin toss to determine serve/receive. The visiting team will serve first in set 1 and alternate first serve for the remaining non-deciding sets.
- Suspend roster submission at the pre-match conference. Rosters are submitted directly to the officials' table before the 10-minute mark.

Team Benches

- Suspend the protocol of teams switching benches between sets.
- Chairs shall not be permitted on the sideline except for coaching staff. Players shall stand while observing social distance requirements. Coaching staff may sit but must also honor social distance requirements.
- Spectators shall not be permitted behind team benches.

Deciding Set Procedures

Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining the appropriate social distance of 6-feet. A coin toss, called by the home team, will decide serve/receive.



Substitution Procedures

Maintain social distancing of 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.

Officials' Table

Limit to essential personnel which includes home team scorer, libero tracker and timer with a distance of 6-feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.

Pre/Post-Game Ceremony

Replace handshakes before and after the match with a social distance acknowledgment of the team's choosing.

Volleyball Sanitation

Games shall utilize a three-ball rotation, ensuring that anytime a ball goes out of play it shall be sanitized thoroughly with a bleach wipe before returning to the rotation.

Equipment & Accessories

- Permissible face coverings are required to be worn at all times by all attendees present.
- Gloves are permissible.
- Players shall utilize their own equipment bin for all personal gear on the sideline.

Uniform

- Long sleeves are encouraged to reduce skin contact with the ball.
- Long pants and undergarments are permissible.

Water Bottles & Hydration Stations

- Team members shall not share water bottles.
- Hydration stations may be utilized but shall be touched only by a single appointed monitor.

Officials' Uniform & Equipment

- By local association adoption, long-sleeved, all-white/all-blue collared polo shirt/sweater are permissible.
- Electronic whistles shall be utilized to minimize the spread of respiratory particles.
- Permissible face coverings are required.
- Gloves are permissible.

State Championships

- Qualifying teams reduced to eight (8) per division.
- All games played at host school sites.
- Championships shall be single elimination.
- Awards ceremonies will be limited to ensure safe social distancing and to minimize mass gatherings.